



# Healthier habits start here

Your organization has partnered with WW (Weight Watchers® Reimagined) to help you reach your wellness goals. **Get an exclusive discount off the retail price and join now for as low as \$9.00 per month.**<sup>1</sup>

#### For employees

# WW's customized program is proven to make weight loss easier.<sup>2</sup>

Everyone's weight-loss needs are different. That's why WW's program,  $myWW^{TM}$ , is customized to make losing weight **easier for you**.

When you join WW, you can **lose weight** and build healthy habits with a science-backed program that's tailored to your life.

## Why WW?

### Easy-to-use app and website

Track your food, activity, and weight any time with our digital tools.

#### **Endless food options**

With our database of 8,500+ delicious recipes, you'll eat what you love and lose weight.

#### Total support in real time

Get help and answers from a WW Coach 24 hours a day, seven days a week in 24/7 Expert Chat.

#### **Inspiration & connection**

Access our members-only online community, day or night and meet others on a similar journey.

#### Workshops\*

Share your journey and gain inspiration from a group of fellow members and a WW Coach.

\*Only available on Workshop & Digital membership.



To sign up or learn more, visit: <a href="www.com/wellness">www.com/wellness</a>. Enter Access ID: 16006242 and your City of Somerville unique access ID (found on the top left corner of your pay advice/pay check).

For questions or assistance registering, please call WW Customer Service at 866-204-2885.

<sup>1 &</sup>quot;As low as" price reflects the Digital membership plan for an employee. Monthly payment is required in advance. You will be automatically charged each month in accordance with company pricing until you cancel or your employment with your company terminates. For Workshops: In person Workshops are temporarily virtual. Available in participating areas only.

<sup>&</sup>lt;sup>2</sup> In a six-month study, funded by WW, 88% of participants said *myWW* was an easier way to lose weight versus when they tried on their own.

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