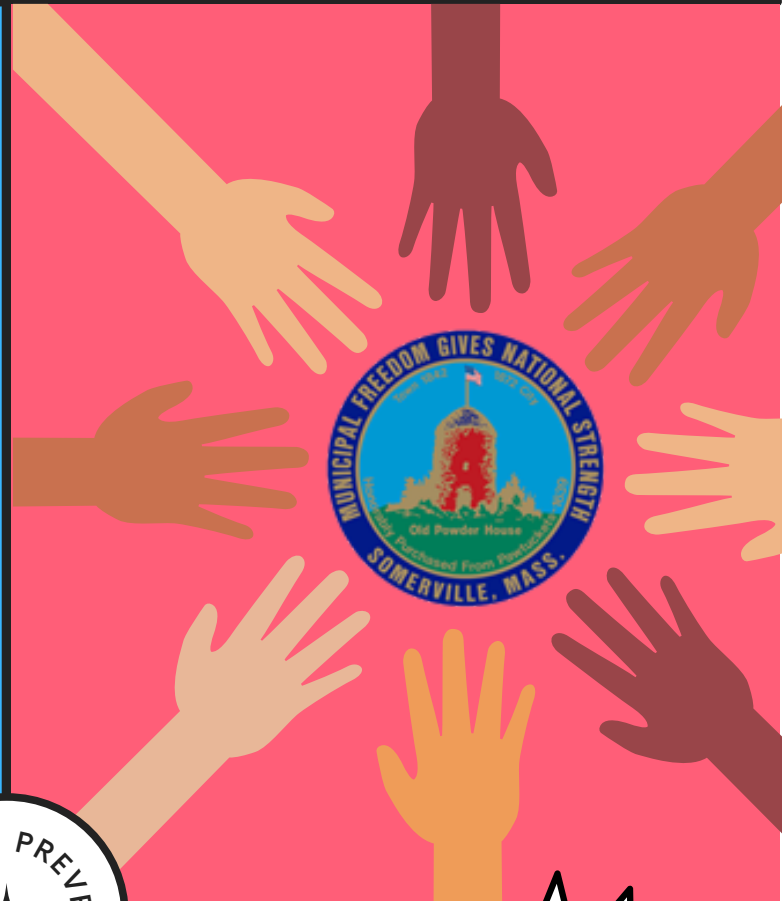




SOMERVILLE PREVENTION

HAPPY SPRING! SOMERVILLE PREVENTION HAD LOTS GOING ON SINCE JANUARY 2022.

SIT BACK, RELAX, AND CHECK OUT OUR AMAZING WORK!



★ IN THIS ISSUE ★

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Designed and sold by Mitra Farmand: REDBUBBLE



@SOMERVILLEPREVENTION

STUDENT HEALTH SURVEY TRIVIA

18th Annual Student Health Survey Trivia & Discussion Event

2020-2021 Edition

SPONSORED BY

City of Somerville – Health & Human Services
Somerville Prevention Services
Somerville Cares About Prevention
Somerville Positive Forces (SPF100 & SPFJR.) Youth Leaders



SOMERVILLE POSITIVES FORCES YOUTH HOSTED THE 18TH ANNUAL STUDENT HEALTH SURVEY TRIVIA & DISCUSSION EVENT THIS PAST JANUARY 2022. FRESH OFF TAKING OFFICE, WE HAD THE PLEASURE OF MAYOR KATJANA BALLANTYNE KICKING OFF THE EVENT WITH OPENING REMARKS. WE ALSO HAD 60+ COMMUNITY MEMBERS IN ATTENDANCE WHO GOT TO HEAR FROM YOUTH, NOT ONLY FOR THE DATA BUT ALSO TO HEAR DISCUSSIONS ABOUT HOW WE CAN WORK TOWARDS IMPROVING THE QUALITY OF PROGRAMS FOR SOMERVILLE YOUTH USING DATA FROM SOMERVILLE YOUTH!

NOT ABLE TO ATTEND?

NO WORRIES! CHECK OUT OUR YOUTUBE CHANNEL - [HTTPS://BIT.LY/YOUTUBESOM](https://bit.ly/youtubesom)

SCAP'S 18TH ANNUAL MEETING



SOMERVILLE POSITIVES FORCES YOUTH HOSTED SCAP'S 19TH ANNUAL MEETING TO RECAP ALL OF THEIR PREVENTION WORK OVER THE LAST YEAR. SPF100 & SPFJR. DID A FANTASTIC JOB PRESENTING ALL OF THE EDUCATION & AWARENESS CAMPAIGNS THEY PARTICIPATED IN TO ENGAGE THE SOMERVILLE COMMUNITY IN SUBSTANCE MISUSE PREVENTION EFFORTS.

A HUGE THANKS TO OUR SPECIAL GUEST SPEAKERS, MAYOR KATJANA BALLANTYNE, AND THE INSTITUTE FOR COMMUNITY HEALTH'S (ICH), JULIA CURBERA & JEFF DESMARAIS, WHO TALKED ABOUT YOUTH LED PREVENTION EFFORTS & THE IMPORTANCE OF EQUITABLE COMMUNITY ENGAGEMENT FOR DATA COLLECTION TO INFORM OUR WORK.

NOT ABLE TO ATTEND?

NO WORRIES! CHECK OUT OUR YOUTUBE CHANNEL - [HTTPS://BIT.LY/YOUTUBESOM](https://bit.ly/youtubesom)

**FOCUS
GROUPS!**

MASSCALL3

YOUTH!



THE MASSCALL3 SEAL CLUSTER CONTINUED ITS SUBSTANCE MISUSE PREVENTION NEEDS ASSESSMENT EFFORTS BY PARTNERING WITH SPF JR., TEEN EMPOWERMENT, THE ELIZABETH PEABODY HOUSE & THE WELCOME PROJECT TO OFFER SIX FOCUS GROUPS FOR YOUTH AND ADULT CAREGIVERS, TWO OF WHICH WERE SPECIFICALLY FOR INDIVIDUALS WHO PRIMARILY SPEAK SPANISH OR PORTUGUESE.

THE CLUSTER IS WORKING TO REVIEW, SUMMARIZE, AND CODE ALL NOTES TO PASS OVER TO ICH TO COMPILE THE INFORMATION INTO A NEEDS ASSESSMENT REPORT THAT WILL INFORM OUR CLUSTER'S NEXT STEP IN THE PROCESS: STRATEGIC PLANNING

A HUGE THANK YOU TO OUR PARTNERS FOR MAKING THIS HAPPEN!

DID YOU KNOW?

RACIAL EQUITY IS AT THE HEART OF THE MASSCALL3 GRANT WORK.



COMMUNITY PARTNERS

MASSCALL3



The Welcome Project



RESIDENTS



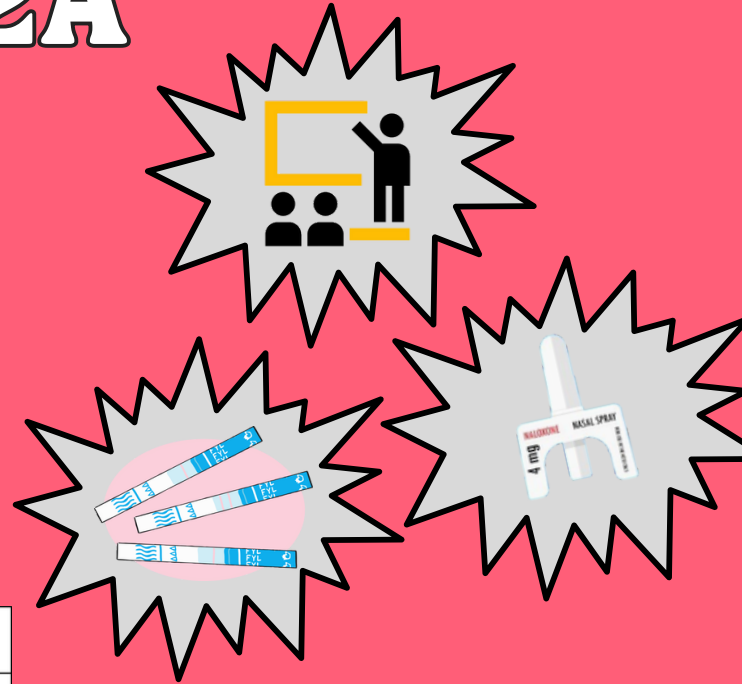
SOMERVILLE PUBLIC SCHOOLS

DID YOU KNOW?

WE RELY ON OUR COMMUNITY PARTNERS TO INFORM OUR NEEDS ASSESSMENT PROCESS!

OD2A

OVERDOSE DATA2ACTION



SINCE JULY 1, 2021

356

DOSES OF NARCAN
DISTRIBUTED IN TOTAL

90+

DOSES OF NARCAN
DISTRIBUTED TO SHC

150+

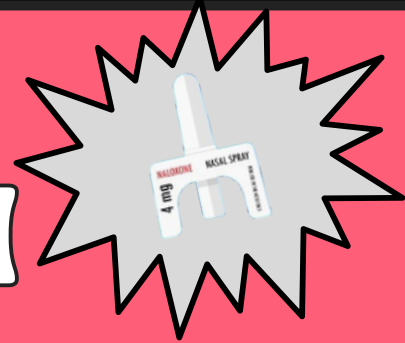
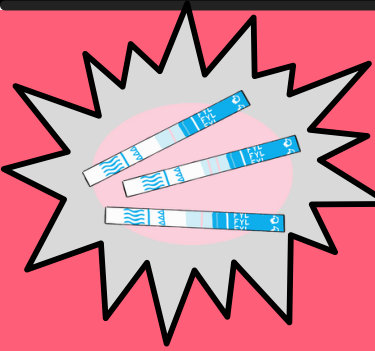
FENTANYL TEST
STRIPS DISTRIBUTED

THE CITY OF SOMERVILLE. IN PARTNERSHIP WITH THE CAMBRIDGE PUBLIC HEALTH DEPARTMENT, CONTINUED OUR OVERDOSE PREVENTION EFFORTS. THIS YEAR WE REACHED 88 INDIVIDUALS EXPERIENCING HOMELESSNESS AND/OR HOUSING INSECURITY WITH OVERDOSE PREVENTION TRAININGS AS WELL AS BUSINESSES THIS YEAR. IN ADDITION, WE ARE DISTRIBUTING NARCAN & FENTANYL TEST STRIPS!

DID YOU KNOW?

IF YOU ARE INTERESTED IN ANY MATERIALS HERE, E-MAIL MMITCHELL@SOMERVILLEMA.GOV

NARCAN DISTRIBUTION



MAY 24, 2022

160

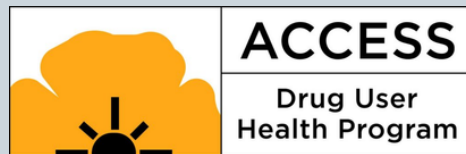
DOSES OF NARCAN

50

FENTANYL TEST STRIPS

78

FACE SHIELDS FOR RESCUE BREATHING



DID YOU KNOW?

IF YOU ARE INTERESTED IN ANY MATERIALS HERE, E-MAIL MMITCHELL@SOMERVILLEMA.GOV

SOCIAL MEDIA

SINCE JAN. 2021

24,530

IMPRESSIONS

4,297

ACCOUNTS REACHED

925

FOLLOWERS

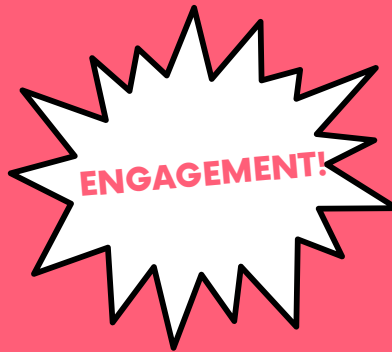
2,159

CONTENT INTERACTIONS



109

NEW FOLLOWERS



@SOMERVILLEPREVENTION CONTINUED TO GROW THIS LATE WINTER/EARLY SPRING! WE COULD NOT HAVE DONE IT WITHOUT OUR AMAZING TUFTS COMMUNITY HEALTH INTERNS, PAYEL & KRISHAN. WE LOOK FORWARD TO BUILDING OFF OF THEIR SUCCESS WITH NEW INTERNS COME FALL 2022.

CHECK OUT THE STATS ABOVE!



@SOMERVILLEPREVENTION

YOUTH AMBASSADORS



THEY'RE BACKKKKKKK!

FOLLOWING A SUCCESSFUL PILOT OF OUR PROGRAM LAST SUMMER, WE ARE PLEASED TO ANNOUNCE THE RETURN OF OUR YOUTH SOCIAL MEDIA AMBASSADORS.

WE ARE ACCEPTING APPLICATIONS ON A ROLLING BASIS ALL SUMMER SO IF YOU ARE A YOUTH GOING INTO GRADES 8-12 OR KNOW A YOUTH, CHECK OUT THE LINK BELOW TO APPLY!

FOR MORE INFO, PLEASE E-MAIL LDOLYAK@SOMERVILLEMA.GOV

APPLY TODAY! - [HTTPS://BIT.LY/SOMPARENT2022](https://bit.ly/somprevent2022)

TAKING BACK MORE

Taking Back More in Somerville, MA: Development of Educational Graphics to Increase Participation in Take Back Day Events

- How to dispose? DEA Take Back Day!
- Through Jude Al-Absy, we met and started a **community partnership** with Matthew Mitchell, LSW and Lily Dolyak, LCSW, Somerville Prevention Services
- I told them about our research and we developed a **hypothesis**:
 - Education on why to participate in biannual Take Back Day might overcome some of the barriers to participation



4 graphics for Instagram

national prescription drug take back day

APRIL 30
10AM—1PM

6 NEWBURY ST
SOMERVILLE, MA

220 WASHINGTON ST

free overdose prevention resources & naltrexone

Next steps in partnership part 1

1. Conduct focus groups to identify barriers to participation and design and test educational materials for subsequent DEA Take Back Day events for Somerville Prevention
2. Compare Spring 2022 participation/collection to Fall 2022



Next steps in partnership part 2

3. Expand to other towns
4. Adapt for 24/7 disposal sites

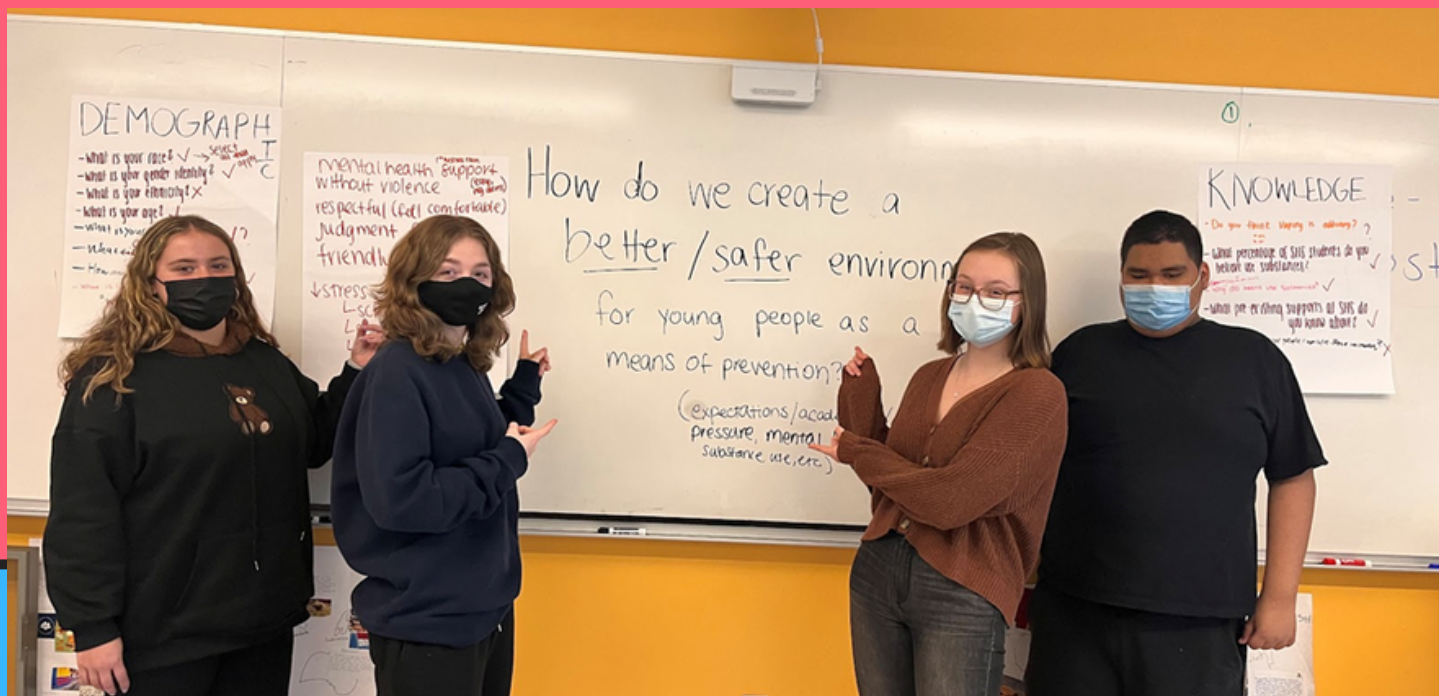


SOMERVILLE PREVENTION PARTNERED WITH TUFTS TO ENHANCE MESSAGING AROUND NATIONAL PRESCRIPTION DRUG TAKE BACK DAY. WE CREATED MESSAGING TO EXPLAIN WHY IT'S IMPORTANT TO DISPOSE OF UNUSED OR EXPIRED MEDICATIONS PROPERLY. THIS RESULTED IN INCREASED PARTICIPATION BY COMMUNITY MEMBERS, AND A FEATURE ON WBZ RADIO TALKING ABOUT SOMERVILLE'S ONGOING HARM REDUCTION EFFORTS!

DID YOU KNOW?

WE COLLECTED 17.9 LBS OF UNUSED OR EXPIRED MEDICATIONS ON APRIL 30, 2022.

SOMERVILLE POSITIVE FORCES 100



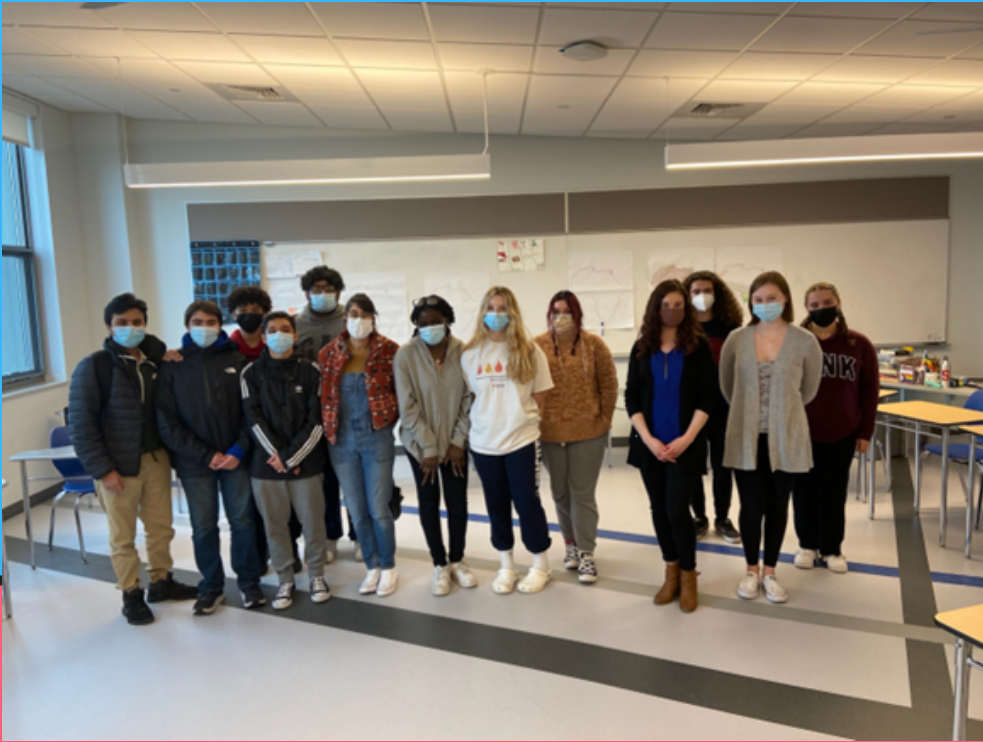
YOUTH-LED RESEARCH

SPF100 CONTINUED THEIR YOUTH-LED RESEARCH EFFORTS IN PARTNERSHIP WITH C4 INNOVATIONS, DEVELOPING A SURVEY TO OBTAIN DATA ON HOW TO CREATE A BETTER/SAFER ENVIRONMENT FOR YOUNG PEOPLE AS A MEANS OF PREVENTION. THIS INCLUDED DEVELOPING A SURVEY FOR SHS STUDENTS AND CONNECTING WITH VARIOUS YOUTH GROUPS TO HELP COLLECT INFORMATION.

WANT TO LEARN MORE?

CHECK OUT OUR YOUTUBE PAGE TO VIEW SCAP'S 19TH ANNUAL MEETING!

SPF100 & TEEN EMPOWERMENT



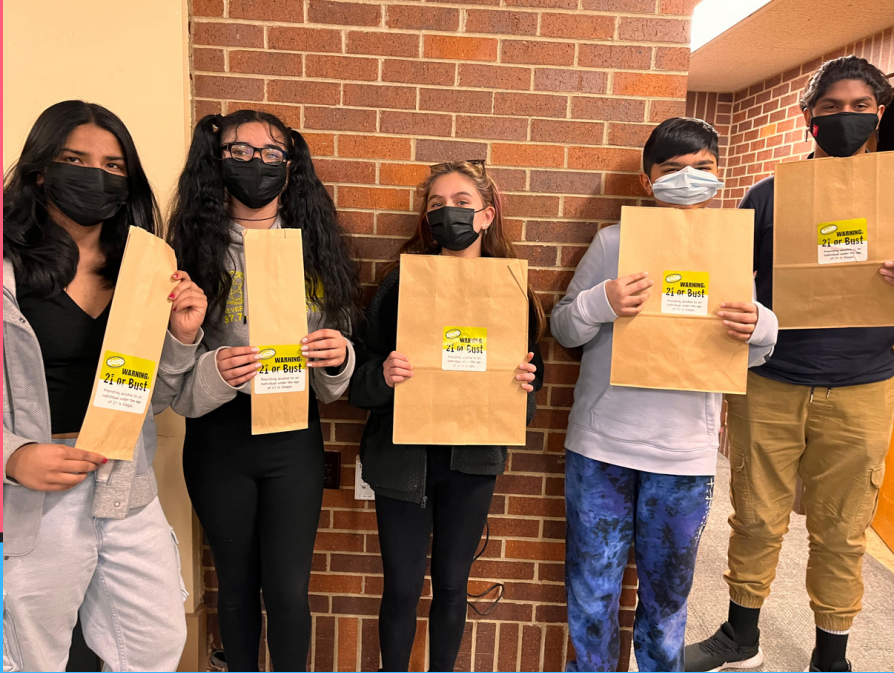
MINDFULNESS WORKSHOP

SPF100 WELCOMED TEEN EMPOWERMENT TO THEIR WEEKLY MEETINGS FOR A MINDFULNESS WORKSHOP HOSTED BY JULIA SCHECHTER, LICSW, RYT. YOUTH LEARNED ABOUT TECHNIQUES & HOW TO IMPLEMENT THESE SKILLS TO ALLEVIATE STRESS.

A HUGE THANK YOU TO TEEN EMPOWERMENT & JULIA FOR MAKING THIS COLLABORATION HAPPEN!

MINDFULNESS MATTERS!

SOMERVILLE POSITIVE FORCES JR.



STICKER SHOCK

SPF JR. PARTNERED WITH SAV-MOR SPIRITS AT ASSEMBLY ROW TO CONDUCT A STICKER SHOCK CAMPAIGN, PLACING STICKERS ON TO GO BAGS TO EDUCATE CUSTOMERS ON THE IMPORTANCE OF NOT PROVIDING ALCOHOL TO YOUTH UNDER THE AGE OF 21. THANK YOU TO SAV-MOR FOR THEIR CONTINUED PARTNERSHIP & COMMITMENT TO PREVENTING UNDERAGE ALCOHOL USE!

KNOW A BUSINESS WHO MAY WANT TO PARTNER?
E-MAIL LHELLER@SOMERVILLEMA.GOV FOR MORE DETAILS!

SPF TRAININGS

SPF ENGAGED IN VARIOUS TRAININGS THIS YEAR TO HELP THEM RECOGNIZE OFTEN HIDDEN AND MISUNDERSTOOD ISSUES, BUILD CAPACITY TO RESPOND TO YOUTH NEEDS, AND ENGAGE THE COMMUNITY IN PREVENTION WORK INCLUDING:

- THINK ARGUS: ENLISTING OTHERS TO YOUR CAUSE**
- MENTAL HEALTH AND SUBSTANCE USE CONVENING**
- LEARNING FROM OTHERS TO OPEN UP NEW DOORS OF OPPORTUNITY**
- THE 84 MOVEMENT: YOUTH POWER SUMMIT**
- SADD: TEXT LESS, LIVE MORE**

SPARKSHARE

AT THE FALL SUMMIT IN PARTNERSHIP WITH THINK ARGUS: ENLISTING OTHERS TO YOUR CAUSE, SPF HAD THE OPPORTUNITY TO LEARN HOW TO CREATE AN EFFECTIVE MESSAGE, TALK ABOUT THEIR PROJECT IN A COMPELLING WAY, AND ENGAGE THE TARGET AUDIENCE.

DURING THE MENTAL WELLNESS & SUBSTANCE USE CONVENING, SPF LEARNED HOW SPARKSHARE TEAMS WERE ADDRESSING MENTAL WELLNESS & SUBSTANCE USE IN THEIR WORK.

AT THE SPRING SUMMIT: LEARNING FROM OTHERS TO OPEN UP NEW DOORS OF OPPORTUNITY, SPF LEARNED ABOUT THE IMPORTANCE OF ACTIVE LISTENING, RELATIONSHIP BUILDING, AND LEARNING FROM OTHERS TO PUSH THEIR INITIATIVES FORWARD!

WE APPRECIATE OUR SPARK SHARE PARTNERS AND THE NETWORK FOR ALL THEIR CAPACITY BUILDING OPPORTUNITIES THROUGHOUT THIS PAST YEAR TO SUPPORT SOCIAL JUSTICE.

**WANT TO LEARN MORE ABOUT SPF YOUTH GROUPS?
E-MAIL LHELLER@SOMERVILLEMA.GOV FOR MORE DETAILS!**

SBIRT



SBIRT

Screening, **B**rief **I**ntervention **R**eferral to **T**reatment

MIDDLE SCHOOL

316

7TH GRADE
STUDENTS SCREENED

HIGH SCHOOL

344

9TH GRADE
STUDENTS SCREENED

SOMERVILLE PREVENTION PARTNERED WITH THE SOMERVILLE PUBLIC SCHOOLS NURSES TO COMPLETE SBIRT SCREENINGS FOR 7TH & 9TH GRADE STUDENTS ACROSS ALL MIDDLE AND HIGH SCHOOLS.

A HUGE THANK YOU TO SPS SCHOOL NURSE LEADER, KAREN HART, AND ALL OF THE SCHOOL & FLOATING NURSES FOR THEIR ASSISTANCE!

DID YOU KNOW?

WE SCREENED 91% OF 7TH & 9TH GRADE STUDENTS IN SOMERVILLE!

SIX-CITY TOBACCO CONTROL



**CAMBRIDGE
CHELSEA
EVERETT
REVERE
SOMERVILLE
WINTHROP**

EDUCATION & COMPLIANCE

OUR TOBACCO CONTROL DIRECTOR, BONNY CARROLL, CONTINUES TO WORK HARD TO FOLLOW UP WITH TOBACCO LICENSEES TO EDUCATE & ENFORCE LOCAL TOBACCO/NICOTINE REGULATIONS, PARTICULARLY IN REGARDS TO FLAVORS.

IN ADDITION, THE FDA RECENTLY PROPOSED RULES TO PROHIBIT MENTHOL AS A CHARACTERIZING FLAVOR IN CIGARETTES & PROHIBIT ALL CHARACTERIZING FLAVORS (OTHER THAN TOBACCO) IN CIGARS TO PREVENT YOUTH INITIATION.

Learn more below!

<https://bit.ly/menthol2022>

CONTACT US



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